

## **Supporting Expert Commentary: Dr. James Dobson**

### **on Pornography's Impact on Society**

The late Dr. James Dobson, renowned child psychologist, family expert, and author of *Bringing Up Boys* (among other works), has repeatedly warned about the dangers of pornography and explicit sexual content, particularly its effects on children and adolescents. These insights reinforce the need for strong protections in public spaces accessible to youth.

- From materials associated with *Bringing Up Boys* and Dobson's ministry:  
"Porn and smut pose a great threat to your boys. A single exposure to it by some thirteen to fifteen-year-olds is all that is required to create an addiction."
- (Excerpted from Dobson ministry resources drawing on the book's themes of protecting boys from harmful cultural influences, including early sexualization via media and pornography.)
- Broader Dobson commentary on pornography (consistent with his writings in *Bringing Up Boys* and related broadcasts):  
"Pornography has become a national public health crisis in America. No one is immune to the temptation."

He further compares it to hard drugs:

"You wouldn't tolerate heroin or cocaine usage in your home. Yet, pornography is every bit as addictive and destructive as those illegal drugs. In fact, studies on brain chemistry have shown an almost identical reaction to the consumption of porn as with highly addictive drugs."

Dobson emphasizes that pornography erodes empathy, distorts intimacy, breeds violence, destroys marriages, and harms youth development—issues that support relocating or restricting explicit materials in libraries to mirror school-level safeguards.

